

SUBSTANCE ABUSE TREATMENT IN MAINE

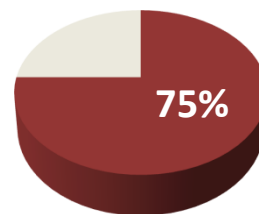
Treatment Options:

1. Medication Assisted Therapy – more than 7,000 slots available.
2. Residential Treatment – approximately 350 treatment beds in Maine.
3. Detox – 50 beds that are exclusively detox and many others sometimes used for that purpose in the inpatient hospital setting.
4. Therapy – more than 900 licensed substance abuse clinicians in Maine and 78 separate licensed substance abuse agencies with 376 separate sites in Maine.

Expenditures and Members Served: In SFY 2016, Maine spent \$74.5 million (all funds) in substance abuse treatment services for Medicaid members and the uninsured, a more than 30% increase over spending in 2008, serving more than 20,000 people with addiction.

Treatment Options for the Uninsured: The Office of Substance Abuse and Mental Health Services (SAMHS) spends approximately \$20 million annually for treatment and prevention services for the uninsured. Additionally, in December 2016, DHHS announced an additional \$2.4 million to create 359 new medication-assisted treatment slots for uninsured individuals in need of opioid addiction treatment. These additional slots were added to eliminate the waitlist for MAT services for the uninsured. If an uninsured Mainer **needs** and **wants** treatment, they can **contact 2-1-1 or call SAMHS directly at 207-287-2595** for treatment options.

75% of heroin addictions began with an opioid prescription



Some Key Initiatives to Address Addiction:

Medication-Assisted Treatment (MAT): *An opioid treatment option that combines medication and counseling.* The Office of Substance Abuse and Mental Health Services continues to partner with treatment providers to create additional MAT slots in areas with a high demand, especially in Downeast and Western Maine.

Maine Enhanced Parenting Project (MEPP): An innovative model that supports vulnerable and at-risk families by co-locating parenting education classes and substance abuse treatment services. This evidence-based model will support 250 families annually.

Vivitrol Pilot: *A monthly injection treatment which blocks an individual's craving for their opioid addiction.* DHHS, Penobscot County Jail and Penobscot Community Health Care will begin a Vivitrol pilot program targeting women in Penobscot County Jail.

Residential Treatment: DHHS funded the creation of a Women's Residential Treatment facility with 10 slots for women and their children, located in the Bangor area.

HOW TO GET HELP IF YOU NEED TREATMENT:



Dial **2-1-1**: Provides 24/7 statewide assistance for individuals seeking treatment

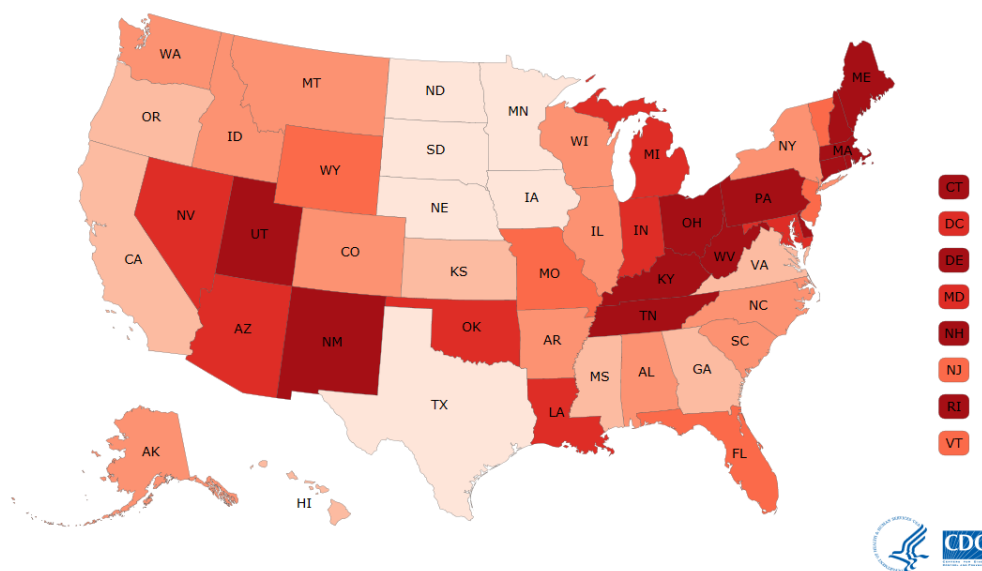
Go to: www.maine.gov/GetHelp

Go to: www.findtreatment.samhsa.gov/locator

SUBSTANCE ABUSE TREATMENT IN MAINE

National Trends:

- States like Massachusetts, Connecticut, Rhode Island, New Hampshire, Pennsylvania, Ohio, Delaware, West Virginia and New Mexico that have expanded Medicaid, are facing a similar dilemma to Maine, experiencing increased rates of drug use and overdose deaths.



<https://www.cdc.gov/drugoverdose/data/statedeaths.html> CDC, 2015 drug overdose death per 100,000.

Heroin-Related Overdose Deaths: Maine vs. Nation: 2002-2015

